

## GOALS

GRAPHIC  
ORGANIZER



Lessons in Mental Health

Our goals become the stepping stones that guide us along our journey.

**Write down key details for each type of goal below from the corresponding presentation.**

**Short-Term  
Goals**

**Intermediate  
Goals**

**Long-Term  
Goals**



Lessons in Mental Health

- Use this reference guide as is, or view the Canva link for a fully modifiable template.
- Link: [Goal Graphic Organizer](#)
- Canva is FREE for all teachers.
- You are welcome to download and use this resource for your personal and classroom needs. However, any redistribution, whether free or paid, or unauthorized publication online is strictly prohibited.